



# SNOWY HORIZON TREKS & EXPEDITION P. LTD.

P. O. Box- 11265, Satghumti Thamel, Kathmandu, Nepal

## Manaslu Expedition (8163m)

### Itinerary Details of Manaslu Expedition:

**Day 01:** Arrival in Kathmandu Airport and Hotel transfer.

**Day 02:** Preparation, Briefings, Last minute shopping and formalities.

**Day 03:** Drive 6hrs from Kathmandu to Arughat (950m); camping.

**Day 04:** Trek 5hrs from Arughat to Khanchok (950m); camping.

**Day 05:** Trek 5hrs from Khanchok to Sotikhola (1165m); camping.

**Day 06:** Trek 5hrs from Sotikhola to Machhakhola (1330m); camping.

**Day 07:** Trek 6hrs from Machhakhola to Jagat (1350m); camping.

**Day 08:** Trek 5hrs from Jagat to Ngyak (2300m); camping.

**Day 09:** Trek 6hrs from Ngyak to Namrung (2550m)

**Day 10:** Trek 5hrs from Namrung to Syalla village (3150m).

**Day 11:** Trek 7hrs from Syalla Village to Sama Gaun (3780m).

**Day 12:** Rest and acclimatization day at Sama Village.

**Day 13:** Trek 6hrs from Sama Village to Manaslu Base Camp (4700m).

**Day 14-42:** Climbing period; summit Manaslu (8163m).

**Day 43:** Preparation to return to Kathmandu; Clean Base Camp.

**Day 44:** Trek 5hrs from Base Camp to Sama village (3780m).

**Day 45:** Trek 5hrs from Sama village to Namrung (2550m).

**Day 46:** Trek 4hrs from Namrung to Philim village (2300m).

**Day 47:** Trek 6hrs from Philim Village to Machakhola 1330m).

**Day 48:** Trek 5hrs from Machakhola, to Soti Khola (1165m).

**Day 49:** Trek 4hrs from Soti, Khola to Arughat (950m).

**Day 50:** Drive 7hrs from Arughat to Kathmandu by tourist mini bus; hotel accommodation.

**Day 51:** Sightseeing in Kathmandu valley (Durbar Square, Swoyambhunath, Boudhanath & Pashupatinath); leisure and shopping. Farewell and celebration dinner in the evening.

**Day 52:** Transfer to the airport for final departure or alternatively join other activities.

### Full Board Service Cost Include:

- All arrival and departure transfer services to and from Airport both Domestic and International with other necessary surface transport (by Non A/C Vehicles) as per itinerary.





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- Assistance at the International airport by Snowy Horizon's representative while arriving and departing.
- 4 Nights accommodations at 4 Star hotels in Kathmandu on B/B basis.
- One day sightseeing in Kathmandu (Swoyambhunath, Pashupatinath, Boudhanath and Durbar Square). With Local English-speaking Tour Guide for sightseeing in Kathmandu.
- Necessary staffs including experienced guides and porters during the trekking and climbing.
- All trekking and camping equipments like camp furniture, kitchenware, dining tents, guest tents,
- 3 meals a day (Breakfasts, Lunch and Dinners with tea or coffee) along with available accommodation at Hotel/ Lodge/ Guest Houses or tents for members and staffs during trek and climbing in twin sharing basis.
- Per person 50kg baggage allowance during trekking-up carrying by porter or Yak and 40kg baggage allowance while returning from Base Camp after climbing the Mt. Everest.
- Trekking Permit (National Park entry fee) and TIMS card (Trekking Information Management System).
- Expedition Royalty and permit of Nepal Government to climb Mt. Manaslu.
- Nepalese Government Royalty.
- One Experienced, Trained, Government Licensed, and 03 Times Everest Summiters Climbing/expedition Guide (Sherpa) per client.
- All wages, equipments, medical and accidental Insurances for all involved staffs in trekking and expedition.
- First Aid medical kits for the Group and the staffs.
- Satellite phone carrying by Guide for communication and available for members with the cost of US\$ 4 per minute call.
- Appropriate food for high altitude and all climbing crew at base camp and above as required.
- Required fixed and dynamic rope during climbing period.
- Emergency Oxygen mask and regulator provided on requirement of guest with appropriate charge.
- Each expedition member will have an individual tent available in the base camp.
- Solar panel for light and battery charger.
- All tents for camp 1, 2 and 3. Ice fall charges and Gamow Bags.
- We provide Sherpa's tents, food for climbing, and insurance.
- high altitude food for member and Sherpa including drinks and cooking crew.
- Free assistance service for Cargo clearance and Duties.
- Our service charge and Government Taxes levied in Nepal.
- Complete pre-departure information, flight ticket reconfirmation and visa extension procedure services (if necessary).
- Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu before departure.
- Snowy Horizon Special Gifts (T-shirt/Pashmina etc.).



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## Full Board Service Cost Exclude:

- Lunch and Dinner during your stay in Kathmandu and Pokhara (except for the farewell dinner).
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars or any other food consumed beyond the prescribed breakfast, lunch and dinner, etc.
- Items of personal nature, Laundry Expenses, Tips.
- Expenses incurred towards usage of landlines, mobiles, walkie-talkies or satellite phone And Internet expenses.
- Clothing, Packing Items or Bags, Personal Medical Kit, Camera/Video Fees or Trekking Gears
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc.
- Transportation is not on disposal basis. It is strictly as per the itinerary. Any extra distance travelled will be charged extra.
- Any additional staff other than specified.
- Rescue, Repatriation, Medicines, Medical Tests and Hospitalization expenses.
- Medical Insurance and emergency rescue evacuation if required.
- Travel Insurance and helicopter rescue.
- Walkie-talkies & Filming permit (if special camera).
- Personal climbing gears.
- Nepal custom duty for import of expedition goods.
- Tips, gifts, souvenirs.
- Any other item not included in "THE PACKAGE COST INCLUDES" Section.
- Airfare of international flights.
- Nepal entry visa fee (Visa issuance is easy at the arrival).
- Any extra services or products or offers or activities which are not mentioned in the itinerary.

## Base Camp Service Cost Include:

- All arrival and departure transfer services to and from Airport both Domestic and International with other necessary surface transport as per itinerary.
- Assistance at the International airport by Snowy Horizon's representative while arriving and departing.
- Six nights Hotel accommodations in Kathmandu on B/B basis.
- All camping equipment in Base camp and Advance Base Camp.
- Expedition Royalty and permit of Nepal Government to climb Mt. Annapurna along southeast ridge route.
- Nepalese Government Royalty.
- Food during expedition period for expedition Members and Staff in Base camp.
- All staff during Expedition period with experienced Guide (Base Camp Manager).
- Surface transportation will be available as per itinerary.
- Cargo clearance & Duties Assistance Service free.
- Daily wages, equipment allowance & Insurance for expedition Staff.
- Gamow Bag will be available for expedition group.





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- Solar panel for light and batteries charger will be available for expedition members.
- Each expedition member will have an individual tent available in the ABC.
- All Necessary camping equipments like camp furniture, kitchenware, dining tents, guest tents,
- Per person 40kg baggage allowance during trekking-up carrying by porter or Yak and 30kg baggage allowance while returning from Base Camp after climbing the Mountain.
- All wages, equipments, medical and accidental Insurances for all involved staffs.
- First Aid medical kits for the Group and the staffs.
- Satellite phone carrying by Guide for communication and available for members with the cost of US\$ 4 per minute call.
- Appropriate food for climbing crew at base camp and Chinese Base Camp.
- All necessary paper works, office Service charge and Government Taxes levied in Nepal.
- Complete pre-departure information, flight ticket reconfirmation and visa extension procedure services (if necessary).
- Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu before departure.
- Snowy Horizon Special Gifts (T-shirt/Pashmina etc.).
- Our service Charges.



## Base Camp Service Cost Exclude:

- Lunch and Dinner during your stay in Kathmandu (except farewell dinner).
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars.
- Items of personal nature, Laundry Expenses, Tips.
- Expenses incurred towards usage of landlines, mobiles, walkie-talkies or satellite phones And Internet expenses.
- Clothing, Packing Items or Bags, Personal Medical Kit, Personal Trekking Gears.
- Any extra services or offers or activities which are not mentioned in the itinerary.
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations.
- Any additional staff other than specified.
- Rescue, Repatriation, Medicines, Medical Tests and Hospitalization expenses.
- Medical Insurance and emergency rescue evacuation if required.
- Travel Insurance and helicopter rescue.
- Airfare of international flights.
- Nepal entry visa fee (Visa issuance is easy at the arrival) and re entry visa fee.
- Ice fall Garbage Deposit fees (Sharing with other member) if applicable.
- Wake talkies & Filming permit.
- Ice falls charges · All tent for camp 1, 2, 3.
- Personal climbing gears.
- Climbing Guide(s) and high altitude food
- Emergency Oxygen and mask regulator.
- Snowy Horizon Service will be "Zero" above Advance Base Camp.
- Nepal custom duty for import of expedition goods.
- Emergency/Rescue Jeep cost US\$700.
- Tips, gifts, souvenirs.
- Any other item not included in "THE PACKAGE COST INCLUDES" Section

