



SNOWY HORIZON TREKS & EXPEDITION P. LTD.

P. O. Box- 11265, Satghumti Thamel, Kathmandu, Nepal



Mera Peak Climbing- 17 Days

Itinerary Details of Mera peak climbing:

Day 01: Arrival in Kathmandu International Airport and transfer to the Hotel.

Day 02: Preparation, Briefings, Last minute shopping in Kathmandu.

Day 03: We take morning flight from Kathmandu to Lukla(2800m) and spend the rest of the day in Lukla for acclimatization. Lodge accommodation

Day 04: Trek from Lukla to Chutanga(3050m) which take about four hours trek

Day 05: Trek from Chutanga to Khartitang(3900m) which takes about six hours. You trek via Zatrava La Pass (4610m) and downclimb to Khartitang at 3900m.

Day 06: Trek from Khartitang to Kothe (4095m) this takes about five hours.

Day 07: Trek from Kothe to Tangnang (4,350m) which takes about four hours trek.

We will enjoy fantastic view of south face of Mera Peak throughout the day.

Day 08: Rest and acclimatization day at Thangnak. In the day you will visit Sabal Tsho Lake, acclimatization hike to the cairn (5271m) on the flank of Kusum Kangguru peak.

Day 09: Trek from Tangnang to Khare (5,045m): this takes about three and half hours.

Day 10: Trek and climb from Khare to Mera Base Camp (5300m) this takes about four to five hours. you all have to become familiar with using crampons, rope and ice axe.

Day 11: Trek and climb from Mera Base Camp to High camp (5,780m): 4-5hrs

Day 12: Summit Day; Mera High Camp to Summit (6,654m) and return to Khare.

Day 13: Trek from Khare to Kothe (3600m): This takes about five hours trek.

Day 14: Trek from Kothe to Thuli Kharka: this takes about six hours trek.

Day 15: Thuli Kharka to Lukla: via Zatrwa La pass. This is last evening in the mountains, the ideal opportunity for a farewell party with our staff.

Day 16: Early in the morning fly from Lukla to Kathmandu, which takes about 35 minutes, transfer to hotel. Leisure and shopping day in Kathmandu;

Day 17: After breakfast sightseeing major world heritage sights in Kathmandu (Durbar square, Buddhist gompas, Swoyambhunath, Bouddhanath and Pashupatinath); Farewell-Celebration dinner with culture program in the evening.

Day 18: Transfer to the airport for final departure or alternatively join other activities.

Notes:

- The above itinerary is a guideline and standard pattern, which we provide you. This Climbing/Expedition itinerary can be modified according to your time and requirements.





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- The Itinerary may be changed after understanding by both agency and client. Additional activities could be added or reduce as per client's request before confirming the trip. Price for reduced activities (service) could be deducted and additional activities (service) could be added as per mutual understanding.

Cost Include:



- All arrival and departure transfer services to and from Airport both Domestic and International.
- Assistance at the International airport by Snowy Horizon's representative while arriving and departing.
- All accommodations at hotels in Kathmandu on B/B basis as per Itinerary.
- One day sightseeing in Kathmandu (Swoyambhunath, Pashupatinath, Boudhanath and Durbar Square).
- Local English-speaking Guide for sightseeing in Kathmandu.
- Necessary staffs including experienced guides and porters during the trekking and climbing.
- Flight Tickets for Kathmandu-Lukla-Kathmandu sector to all climbing member and Staff.
- All trekking and camping equipments(furniture, kitchenware, dining tents, guest tents)
- 3 meals a day (Breakfasts, Lunch and Dinners with tea or coffee) along with available accommodation at Hotel/Lodge/Guest Houses or tents for members and staffs during trek and climbing in twin sharing basis.
- Per person 20kg baggage allowance during trekking or climbing carrying by porter/Yaks.
- Trekking Permit (National Park entry fee) and TIMS card (Trekking Information Management System)
- NMA Climbing permits for Mera Peak.
- Required Experienced, Trained and Government Licensed Climbing Guide(s) during Climbing Period as per the size of group.
- All wages, equipments, medical and accidental Insurances for all involved staffs.
- First Aid medical kits for the Group and the staffs.
- Appropriate food for high altitude and all climbing crew at base camp and above as required.
- Required fixed and dynamic rope during climbing period.
- Emergency Oxygen and mask regulator.
- All necessary paper works, office Service charge and Government Taxes levied in Nepal.



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- Complete pre-departure information, flight ticket reconfirmation and visa extension procedure services (if necessary)
- Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu before departure.
- Snowy Horizon Special Gifts (T-shirt/Pashmina etc.).
- Our service Charges.

Cost Exclude:



- Lunch and Dinner during your stay in Kathmandu (except farewell dinner).
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars.
- Items of personal nature, Laundry Expenses, Tips
- Expenses incurred towards usage of landlines, mobiles, walkie-talkies or satellite phones And Internet expenses.
- Clothing, Packing Items or Bags, Personal Medical Kit, Personal Trekking Gears.
- Any extra services or products or offers or activities which are not mentioned in the itinerary.
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations.
- Any additional staff other than specified.
- Rescue, Repatriation, Medicines, Medical Tests and Hospitalization expenses.
- Oxygen Cylinders, Masks, Hoses and Regulators. Though Snowy will provide the same, usage of Oxygen Cylinders, Masks, Hoses and Regulators will be charged extra.
- Medical Insurance and emergency rescue evacuation if required.
- Travel Insurance and helicopter rescue.
- Airfare of international flights.
- Nepal entry visa fee (Visa issuance is easy at the arrival).
- Ice fall Garbage Deposit fees (Sharing with other member) if applicable.
- Wake talkies & Filming permit.
- Tips, gifts, souvenirs.
- Any other item not mentioned in “COST INCLUDES” SECTION.

