



SNOWY HORIZON TREKS & EXPEDITION P. LTD.

P. O. Box- 11265, Satghumti Thamel, Kathmandu, Nepal

Lhasa Everest Base Camp Tour



Itinerary Details of Lhasa Everest Base Camp Tour

Day 01: Arrival Transfer to Hotel

Arrival in Kathmandu Airport and transfer to Hotel (1350m)

Day 02: Rest and prepare day for assignment & briefing.

We provide Sightseeing in Kathmandu Valley ((DurbarSquare, Swoyambhunath, Boudhanath & Pashupatinath)

Day 03: Kathmandu to Nyalam (3,700 mt.) via Kodari Border (720 mt.)

Leave early in the morning and drive to the Kodari Border which is around 109 km away and takes approximately four to five hours to reach. After completing the immigration formalities, you will then cross the border and drive approximately for two hours to reach Nyalam. Overnight stay in a hotel.



Day 04: Nyalam to Tingri (4230 mt.)

Drive from Nyalam to thingri while crossing La Lung-La (5,050 mt.) on the way. Weather permitting, from La Lung-La, you can have breathtaking views of the Himalayan range including Mt. Cho Oyu (8,201 mt.) and Mt. Shisha Pangma (8,012 mt.). Overnight stay at a guest house. The 145kms from Nyalam to Tingri should approximately take five hours of driving to traverse.

Day 05: Tingri to Rongbuk (4,980 mt.)

Drive from Thingri to the Rongbuk Monastery via the Pang-La pass. It is situated below the giant north face of Mt. Everest. Overnight stay at guest house. The 90 kms from Tingri to Rongbuk should approximately take three hours of driving to traverse.



Day 06: Excursion to Everest Base Camp (North Face) (5,150 mt.)

A two-hour trek from the Rongbuk Monastery will bring you to the Everest Base Camp (North Face). Return to Rongbuk for overnight stay at guest house.

Day 07: Rongbuk to Shigatse (4,350 mt.)

Drive from Rongbuk to Shigatse and cross while driving, Gyasto-La (5,220 mt.), the highest pass en route to Lhasa. Overnight at a guest house. The 244kms from Rongbuk to Shigatse should approximately take five hours of driving to traverse.

Day 08: Shigatse to Gyantse (3,950 mt.)

Visit in the morning, Panchen Lamas' Tashilhunpo Monastery before driving to Gyantse and then visit the Kumbum Chorten and Pelkor Chode Monastery in the town. Overnight at hotel or guest house. The 90 kms from Shigatse to Gyantse should approximately take two to two and a half hours of driving to traverse.





SNOWY HORIZON TREKS & EXPEDITION P. LTD.

P. O. Box- 11265, Satghumti Thamel, Kathmandu, Nepal



Day 09: Gyantse to Lhasa (3,650 mt.)

Drive to Lhasa while crossing over Karo-La (5,010 mt.), Kamba-La (4,794 mt.), the colorful Yamdrok Lake and the Brahmaputra River (Yarlung Tsangpo). Overnight at hotel. The 260 kms from Gyantse to Lhasa should approximately take five to six hours of driving to traverse.

Day 10: Sightseeing in and around Lhasa

Visit Sera Monastery, Norbulingka, Jokhang Monastery and Barkhor Market. The Sera Monastery, 5 km north of Lhasa, is one of Lhasa's prettiest monasteries and once upon a time sheltered a community of more than 5,000 monks. Norbulingka, the erstwhile summer palace of Dalai Lama meaning 'Jewel Park', is a UNESCO World Heritage Site and covers an area of around 3,60,000 sq. mt. making it the largest man-made garden in Tibet. Jokhang Monastery, situated in the heart of Old Lhasa, houses Tibet's most precious religious relic, a golden Sakyamuni Buddha which was brought as a gift by the Chinese Princess Wencheng on the occasion of her wedding to the Tibetan King, Songtsen Gampo. Overnight at hotel.



Day 11: Sightseeing in and around Lhasa

Visit Potala Palace and Drepung Monastery. The Potala Palace, the erstwhile home of the Dalai Lama, was built in 637 AD atop a single hill by the Tibetan king, Songtsen Gampo. The Drepung Monastery was once the world's largest monastery housing 10,000 monks. It lies hidden in rocky ridges just 5 km beyond the city of Lhasa. Overnight at hotel in Lhasa.

Day 12: Lhasa to Kathmandu

Fly to Kathmandu and transfer to a hotel. Overnight stay in a hotel including a Nepalese cultural programme in the evening and farewell dinner.

Day 13: Kathmandu to Your Port of Destination

Today is the last day of an exhilarating part of your life as you leave Kathmandu. We will transfer you to the international airport and wish you goodbye.



Note:

- the above itinerary is a guideline and standard suggested pattern chosen by majority of our customers. Your final itinerary will be customised according to your available time and requirements.
- the final itinerary duration and schedule may be reduced or extend depending on your time, budget, your fitness, class of service or any other preferences. The quote will be provided for you initial requirements and can be adjusted with mutual agreement should you require modifying these requirements.





SNOWY HORIZON TREKS & EXPEDITION P. LTD.

P. O. Box- 11265, Satghumti Thamel, Kathmandu, Nepal



Tibet Group Visa Cost Per Person

Nationality	Ordinary Cost	Urgent Cost	Top Urgent Cost
Europina:	US \$ 50.00	US\$ 65.00	US\$ 85.00
American:	US \$140.00	US\$ 115.00	US\$ 175.00
Romanian:	US \$ 72.00	US\$ 82.00	US\$ 90.00
Servian:	US \$ 60.00	US\$ 72.00	US\$ 85.00
Other Nation:	US \$ 50.00	US\$ 65.00	US\$ 85.00



Cost Include

- Three night's accommodation in Kathmandu 4 star standard Hotel on B/B basic.
- Full board hotel in route to Tibet side (bed & breakfast,)
- Tibet visa, permit & Travel Permit
- All staff during tour (with Experience Tour Guide).
- Surface transportation will be available as per itinerary.
- 2 days Lhasa sightseeing as well as way to Lhasa
- Above mention staffs daily wages, equipment allowance & Insurance
- 4WD 4500 model Japanese Land Curser for transportation in Tibet and support truck for carry food and luggage's.
- Monastery Entrance fee
- Tourist Vehicles available for transportation(Kathmandu – Tatopani)
- Farewell Dinner in before departure.
- Our service charges
- All necessary paper works, office Service charge and Government Taxes
- complete pre-departure information, flight ticket reconfirmation and extend visa service(if necessary)
- Snowy Horizon Special Gifts (T-shirt, Pashmina)



Cost Exclude

- Lunch and Dinner in kathmandu
- International Flight Ticket





SNOWY HORIZON TREKS & EXPEDITION P. LTD.

P. O. Box- 11265, Satghumti Thamel, Kathmandu, Nepal



- Emergency rescue evacuation if required & Personal accident insurance or Helicopter rescue.
- Rescue jeep if some one go back earlier than group due to any reason
- Extra night Hotel in Kathmandu US\$ 50 per person on B/B Basis
- Waki talkies & Filming permit.
- Personal clothes, Sleeping bag, and Down Jacket.
- Re entry, Visa cost.
- Personal nature expenses, equipment & Insurance.
- [Nepal entry visa fee](#). Visa issuance is easy at the arrival
- Mineral water, laundry, phone calls, internets.
- Tips, gifts, souvenirs.

